



Unionville High School Weekly Parent/Guardian Bulletin

January 10, 2025

201 Town Centre Blvd. Markham, ON
905-479-2787

Reception 431/Attendance 230/Guidance 458

Email: unionville.hs@yrdsb.ca

UHS Website: Unionville High School

Principal
[Susie Nunes](#)

Vice-Principal (R - Z)
[Patrick Belmonte](#)

Vice-Principal (A - I)
[Catherine Clarke](#)

Vice-Principal (J - Q)
[Raymond Luong](#)

Superintendent
[Kien Nam Luu](#)

Trustee
[Ron Lynn](#)

TECH REQUEST FORM – 2024-2025

CLUBS

GUIDANCE UPDATES

Character Matters Trait of the Month: Initiative

“Initiative is doing the right thing without being told.”
- Victor Hugo

Upcoming Events

DATE	EVENT
January 10 - 11	UHS Showtime "Curtains" at Flato (7:30 pm)
January 20	School Council Meeting #4 (7:00 pm)
January 22 - January 28	Exam Week

Happy New
Year
2025

School Council Meeting #4

Hello families,
Our third School Council Meeting will be on **Monday, January 20 at 7:00 pm**. Translation services from English to Mandarin will be available. Please feel free to fill out the School Council **Pre-Registration Form - Monday, January 20, 2025**

Location: Unionville HS Library

We hope to see you there!

The Agenda is as follows:

1. Welcome
2. USAC updates
3. Subject Department Presentations:
 - * Guidance - Ms. Riolo – 40 min
4. School Council Updates:
 - * Dr. Anoosh Sharif - 5 min
5. ADMIN Updates – 5 min



What's in January...



Dog Therapy is Back!

Are you feeling stressed out with your assignments, tests and exams?

If so, you need Dog Therapy in your life! 😊

Friday January 17th - 11:20 a.m. - 12:20 p.m. - Period 3
Tuesday January 21st - 12:40 p.m. - 1:40 p.m. - Period 4

Teachers can sign up their classes by emailing: felicia.sukdeo@yrdsb.ca
Students who have lunches during those dates can visit the therapy dogs in room 350.



UHS Showtime Presents "Curtains"

UHS Showtime is presenting Curtains; A hilarious and suspenseful musical comedy whodunit with a book by Rupert Holmes, lyrics by Fred Ebb, and music by John Kander. There are two evening performances on **Friday, January 10th** and **Saturday, January 11th**. We would love for you to join us!

Evening show tickets are available at the **Flato Markham Theatre box office/website**.

Thank you for your support of this annual performance that we are so excited to share with our UHS community!

Team Showtime



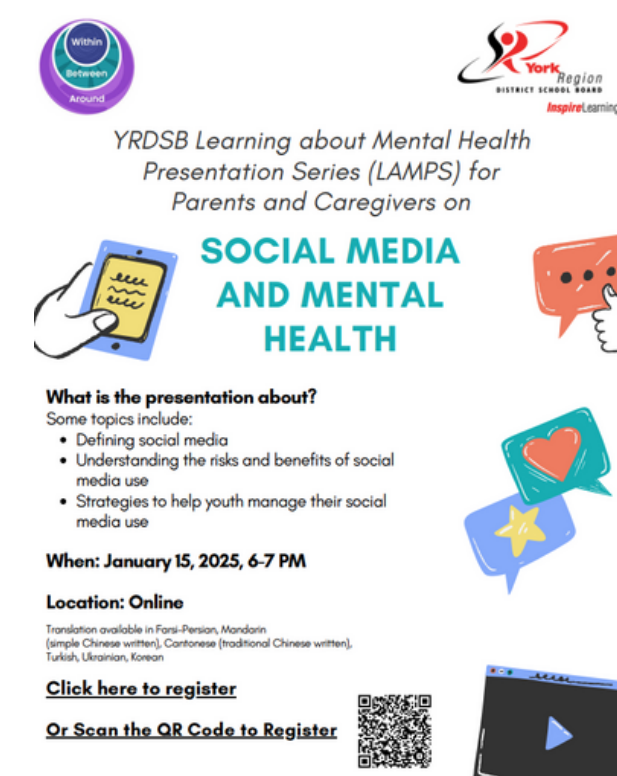
Yearbooks are on sale. There is so much that goes into the Unionville High School yearbook this year and every year. Make it an annual tradition of celebrating the achievements and picture-perfect moments of the school year for your child. Go to **School Cash Online** to order a copy today **before prices go up**.

GRAB YOURS TODAY

"Social Media and Mental Health" Presentation Wednesday January 15th, 2024

Participation: All Parents and Caregivers are welcome. Translation can be provided during the presentation through the online virtual platform tool.

Registration: Registration information will also be shared through our Monthly Parent/Caregiver Mental Health Newsletter, through the WWW Events Page, social media, as well as through your school's Mental Health Liaison. Parent/Caregiver presentations will occur throughout the school year. The date for this year's first presentation will be **January 15, 2025** (Virtual 6:00 pm to 7:00 p.m.).



COURSES AND PROGRAMS

Registration for Night School is Open Now!

Students will **register** on **MyBlueprint/My Pathway Planner**.

If you would like more information, you can view the poster inside the guidance office.

Night school (semester 2) runs from February 13th 2025 - June 5th 2025

Classes follow the Remote learning delivery model and will be delivered virtually in real-time (synchronous).

Classes are held on **Tuesday and Thursday evenings from 6:30-9:45 p.m.**

You can visit the following link for more information.

<https://www2.yrdsb.ca/schools-programs/adult-learning/night-school-credit-courses/night-school-courses-offered>

Night School

REGISTRATION

YRDS Arts Camp 2025

Join us for an immersive program in visual, studio, and performance arts. Explore your identity through creative expression, supported risk-taking, and collaboration with peers and staff. Fosters self-confidence, individuality, and the discovery of new talents.

Camp dates: **Sat. May 24 - Sat. May 31, 2025**

==> For more information and to apply, visit:

bit.ly/YRDSBac25info

==> For registration please click [here](#).

Applications open **Fri. Dec 13 - Fri. Feb. 7**

Campers (gr. 7-12)

Counsellors-In-Training (gr. 9-11)

Counsellors (gr. 11 & 12)

Questions? Email: arts.camp@yrdsb.ca

Find us on Instagram @YRDSBArtsCamp



York Region Volleyball House League Program

York Region Sports is a premier sports organization in the York Region area, dedicated to promoting active and healthy lifestyles through a wide range of athletic programs and events. With a focus on community engagement and excellence in sportsmanship, we strive to enrich the lives of individuals of all ages and abilities.

House League Program

January 11 - March 15, 2025

Learn volleying, passing, hitting, and serving

- Develop skills through games and activities

- Play in a non-competitive environment that makes learning FUN!

What to Expect:

- Skill development + modified gameplay every session

Using kid-friendly equipment for confidence and success!

Registration here: <https://yorkregionsports.ca/vballcamp>



Understanding and Navigating the Education System

Families of YRDSB Black Students Monthly Information Session - **Monday, January 27, 2025 from 6:30-7:30 p.m.**

Agenda:

- Inclusion Activity

- Presentation- Course Selection

- Upcoming Programs and Events

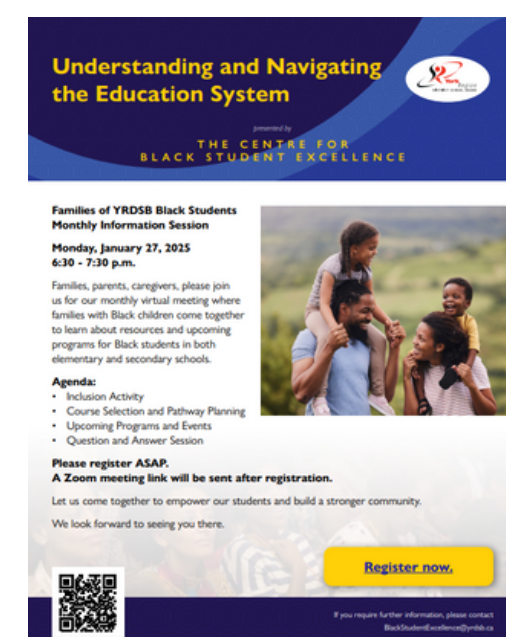
- Question and Answer Session

RSVP: Please register ASAP

WHERE: Virtual meeting. Zoom link to follow.

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WHERE: Virtual meeting. Zoom link to follow.





Sign up for Family Dashboard- All Students

The **Family Dashboard** will give you secure one-stop access to information and applications related to your child’s education. It is designed to make it easier for families to engage with their child’s education.

In this first phase, the dashboard will include secure access to report cards and links to useful information for parents/guardians.

Setting up your account

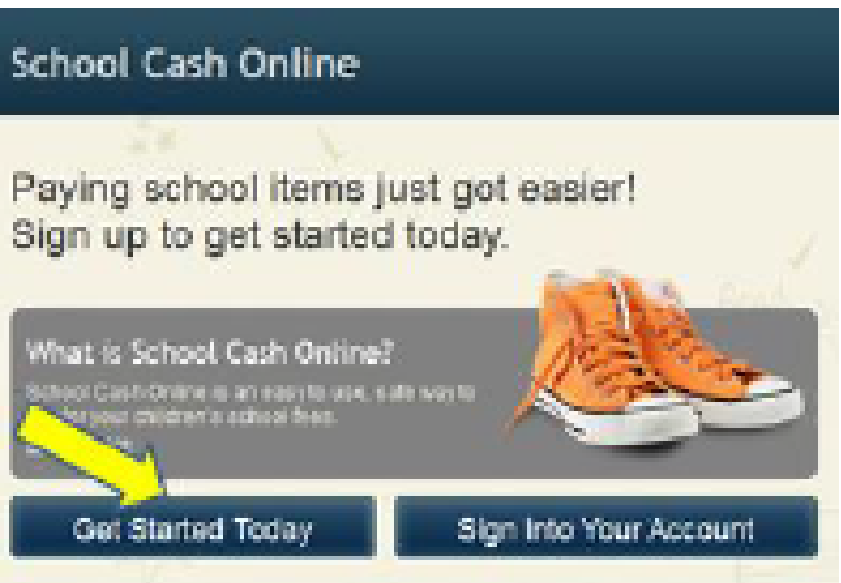
1. Visit family.yrdsb.ca to set up your account.
2. Click “**No account?** Create one” under the email
3. Enter this email address into the email field and click the Next Button
4. Check your email, you will receive an email with a one-time code that expires within 30 minutes in order to confirm your identity.
5. Return to the account creation screen and enter this code
6. Once your email has been validated you will be asked to create a password, enter a Display Name (Parent/Guardian name) and enter the following information about your child or one of your children for further verification:
 - a. Student Number
 - b. Student Birthdate
 - c. Student Home Address Postal Code



For additional support, you can also email: FamilyDashboardHelp@yrdsb.ca

Online Payments (School Cash Online)

All YRDSB schools are now using School Cash Online as an online payment system. School Cash Online is an easy, safe and convenient way for families to pay online for extracurricular items or events, including yearbooks and field trips. It helps to reduce paper and the amount of cash/cheques handled by parents and students. Families may make payments using School Cash Online, or by cash or cheque.



How do I access the tool?
You can register for **School Cash Online** at any time by visiting the website. Once you are registered, you will be notified of any new items available for your child.

How do I register? Please click [here](#) for instructions.

Severe Weather Policy and Procedures

Winter is here! The York Region District School Board is committed to ensuring the safety and well-being of all students, staff, families and community members on days that are deemed to be **severe weather**. Please check the link for information on snow days at YRDSB.



Safety First - Message from UHS Administration Team

🚧👤 IMPORTANT SAFETY MESSAGE FOR PARENTS: ENSURE SAFE CROSSING FOR YOUR CHILDREN! 👤🚧

Dear Parents and Guardians,
The safety of our Unionville HS students is our top priority, especially when it comes to crossing roads. As we know, crossing busy streets such as Highway 7 and Warden, poses potential risks. Here are some essential reminders to ensure our students cross the road safely:

1. Understand and adhere to school zone rules. These areas often have reduced speed limits and additional safety measures to protect pedestrians.
2. Ensure your child understands the basic rules of road safety - looking both ways before crossing, waiting for the signal, and only crossing at designated crosswalks.
3. Emphasize the importance of using designated crosswalks. Explain that these areas are specifically designed for safe pedestrian crossing, reducing the risk of accidents.
4. Discourage the use of electronic devices while crossing the road. Remind them that paying attention to their surroundings is crucial for their safety.

Let's work together to create a community where our UHS students can navigate the roads confidently and safely. By reinforcing these simple yet crucial guidelines, we can contribute to a secure environment for all.

Thank you for your cooperation and commitment to the safety of our students at UHS!

🚦👁️ #SafetyFirst #CrossWithCare 👁️🚦



I ♥ READING

New in Your Library

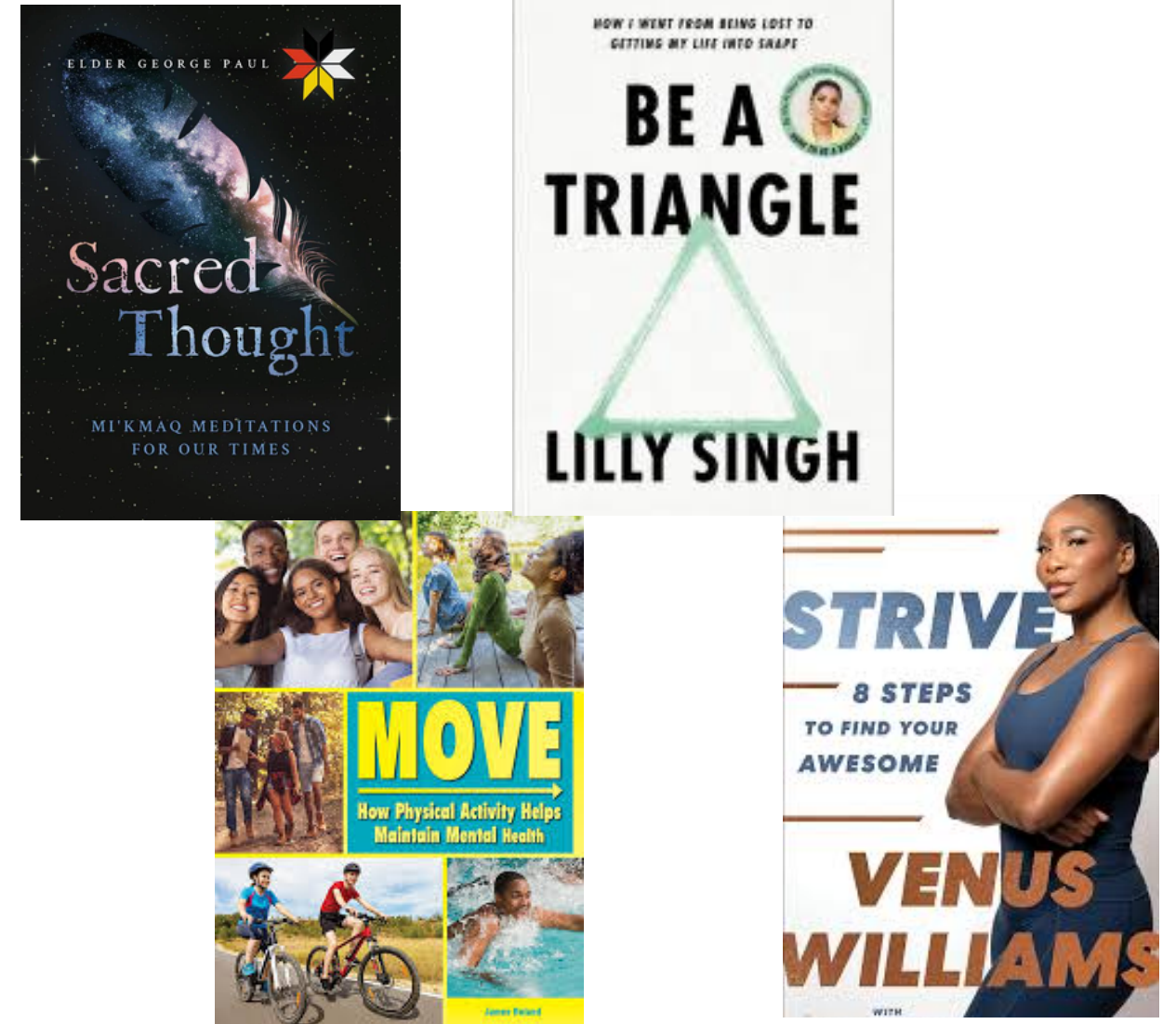
Start off 2025 with some inspiration. These books and many more are now available in your UHS Library.

Sacred Thought: Mi'kmaq Meditations for our Times by George Paul

Move: How Physical Activity Helps Maintain Mental Health by James Roland

Be a Triangle by Lilly Singh

Strive: 8 Steps to Find Your Awesome by Venus Williams



Reboot Your Routine This Winter -- Build Healthy Habits for Your family

You are your children's biggest health champion, and York Region is here to support you every step of the way. york.ca/HealthyKids is your one-stop shop for building healthy kids with York Region Public Health.

York Region professionals offer confidential information and advice on public health-related topics, resources, services and other community programs, including pregnancy, parenting, family health, infectious disease, sexual health, sexually transmitted infections, health protection and dental health.

Monday to Friday 8:30 a.m. to 4:30 p.m.

1-800-361-5653

TTY 1-866-512-6228

AccessYork@york.ca

ChildFamily@york.ca

Health.Inspectors@york.ca

[York.ca/NurseChat](https://york.ca/NurseChat)

BUILDING HEALTHY KIDS

This winter reboot your family's routine!

A new year is here, and it's a great time to think about your family's routines!

As you start to think about your family's goals for 2025 be realistic. Make sure to incorporate things you already enjoy, build upon on what's already working well, and be patient with yourself and your kids.

Help your family to continue building healthy habits for 2025 through daily movement, nutritious meals, and mental health promotion strategies you can use with your children all year round! During the winter months, try foods to keep you warm including soups, stews, casseroles, curries, and chili. Enjoy some family meals together and cooking with your children – it's a great way to connect, spend time together, and learn new skills.

If you are thinking about getting more active, consider getting outdoors to play! When children and youth are outside, they move more, get curious, and find joy. Interacting with nature, even when it is cold outside, has many benefits. It helps restore our ability to concentrate and pay attention. It improves mood, focus and our stress response. Remember to dress for the weather, it's the first step to enjoying being outside and the best way to do this is to layer clothing you can remove easily when it is warmer or put back on when it becomes colder. Make sure gaps such as wrists, ankles, neck, back and waist are covered and even though it is winter - don't forget sunscreen and sunglasses!

If you find things are tough at the start of the new year for you or your family, you can try breathing, visualization, muscle relaxation, journaling, listening to music, practising gratitude to help you cope. Try a variety of activities to see what works best. As a parent or caregiver, it is essential to take care of yourself, so you can care and support others. Your self care will help improve your energy, focus, ability to cope with challenges and you will be a model to your children.

For more tips on how you can reboot your family's routine this winter routine visit york.ca/HealthyKids.



Tenants' Housing Rights -- Free Virtual Workshops: January – April 2025


All parents, guardians and staff are welcome to attend any of the free virtual workshops. Once you register, we will send you invites and links to the workshops. Please **REGISTER** here.



Guest Speakers: Ayesha Adamjee, Program Lawyer, Canadian Centre for Housing Rights Matthew Cheng, Program Lawyer, Canadian Centre for Housing Rights Jessica Long, Program Lawyer, Canadian Centre for Housing Right

For more information, contact: Yvonne Kelly, Community and Partnership Developer at iscs@yrdsb.ca or 905-895-5155 ext. 5124

- | | |
|---|---------------------------|
| <input type="checkbox"/> January 20, 9:30 AM | – Rental Housing Basics |
| <input type="checkbox"/> February 4, 1:00 PM | – Eviction Prevention |
| <input type="checkbox"/> February 19, 6:30 PM | – Human Rights in Housing |
| <input type="checkbox"/> March 6, 9:30 AM | – Repairs and Maintenance |
| <input type="checkbox"/> March 19, 1:00 PM | – Rental Housing Basics |
| <input type="checkbox"/> April 3, 6:30 PM | – Eviction Prevention |
| <input type="checkbox"/> April 15, 9:30 AM | – Human Rights in Housing |
| <input type="checkbox"/> April 30, 6:30 PM | – Repairs and Maintenance |

Public Health
1-877-464-9675
TTY 1-866-512-6228
york.ca/HealthyKids





Inclusive School and Community Services, in partnership with the Canadian Centre for Housing Rights, is offering:

Tenants' Housing Rights
Free Virtual Workshops: January – April 2025


Guest Speakers:
Ayesha Adamjee, Program Lawyer, Canadian Centre for Housing Rights
Matthew Cheng, Program Lawyer, Canadian Centre for Housing Rights
Jessica Long, Program Lawyer, Canadian Centre for Housing Rights

Session Dates and Topics:

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With generous support from:



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DATE	EVENT
January 29	In Class Instructional Day (Full Day) Chinese Lunar New Year
January 30	Exam Review Day (Modified Schedule)
January 31	Professional Development Day (No classes)
February 17	Family Day (No classes)
February 18	York Public Health Vaccination Clinic - Gr. 11 - Library